**Camp & Recreation (CARE)**

**What is Camp and Recreation?**

CARE provides multiple evening, Saturday, and P.A. Day programs each month from September through June, as well as one week of March Break camp. In July and August, CARE offers multiple weeks of Summer Camp. In all CARE programs, clients are paired with Support Workers who provide individualized support and encourage successful participation. Programs take place at Lansdowne Children’s Centre and within the community.

CARE programs promote diverse and viable goals. These include independence and personal growth, development and discovery of new skills and interests, social opportunities with other program participants, and relationship building with Support Workers.

CARE provides a supportive, safe and inclusive environment where children and youth can participate in hands on, meaningful experiences. CARE provides engaging opportunities for children/youth to explore and experiment with the world around them and participate in their community

**Who is eligible for Camp and Recreation?**

Clients eligible for CARE are those who have an active status with Respite Services through Lansdowne Children’s Centre, and are between the ages of four to eighteen years old.

**What can I expect?**

The Camp & Recreation Supervisor will provide information about CARE and its programs, and assistance during the registration process.

For more information about Camp and Recreation at Lansdowne Children’s Centre, please contact:

Central Intake  
519-753-3153 x 206